



## Gauteng Open Championships

DATE: 03 May 2014  
VENUE: Danie van Zyl Recreation Hall  
Rex Street, Montclare Central, Johannesburg  
TIME: 08h00  
ENTRY FEE: R200 per competitor for 2 divisions. R50 per extra division  
ENTRIES CLOSE: 4 April 2014 (no late entries)  
Spectator's entry fee: R20 p.p.  
Children under 18 years - R10 p.p.  
Children under 6 years free

**This is an open tournament for all Shotokan organisations.  
Shotokan Kata and Kumite Rules will apply.**

**A "CHAMPION OF CHAMPIONS TROPHY"**

**WILL BE AWARDED TO SENIOR LADIES AND GENTLEMEN IN THE OPEN DIVISION**



For further information please contact:

Sensei Elmarie van Zyl: 082-934-4670 or Sensei Petra Smit: 082-772-7644

Email the entry form (see attached) and proof of payment to:

[elmarie@evzkarate.co.za](mailto:elmarie@evzkarate.co.za)



**BANKING DETAILS:**

S AND G PRODUCTS CC  
 FIRST NATIONAL BANK  
 KEY WEST (256955)  
 ACC : 6207 9628 940  
 REF : DOJO NAME



All dojos must please supply table officials and judges/referees to enable us to run a smooth and fair tournament.

Officials must be 16 years of age and older and must hold at least 3<sup>rd</sup> kyu brown belt.

One (1) coach for every 10 students is allowed.

<b>DIVISIONS</b>	
AGE AS ON THE DAY OF THE TOURNAMENT! (Male and female will compete separate)	
<b>AGE GROUPS</b>	
Children	6 to 13 years
Cadets	14 & 15 years
Juniors	16 & 17 years
U/21	18, 19 & 20 years
Senior Open	18 years +
Veterans	35 to 44 years
Masters	45 years +
<b>GRADES</b>	
Yellow and Orange	
Green and Blue	
Purple and Red	
Jnr Brown and Jnr Black	
Senior Brown	
Shodan and higher	

# TECHNICAL SPECIFICATIONS:



## KATA

### YELLOW/ ORANGE BELTS

Heian Shodan, Heian Nidan, Heian Sandan. Competitors' choice and may be repeated.

### GREEN/ BLUE BELTS

Heian Sandan, Heian Yondan, Heian Godan. Competitors' choice and may be repeated.

### PURPLE / RED BELTS

Heian Godan, Tekki Shodan in the preliminary rounds. Own choice. Final (last 4): Heian Godan, Tekki Shodan, Empi, Bassai Dai, Jion or Kanku Dai. Competitors' choice.

### JNR BROWN / JNR BLACK

Preliminary rounds – Heian Shodan to Tekki Shodan. Nominated by the table. Final (last 4): Tokiu Kata

### SENIOR BROWN

Same as Jr Brown & Jr Black Belt

### SHODAN & HIGHER

Same as Jr Brown & Jr Black Belt

## KUMITE

### YELLOW / ORANGE BELTS

Sanbon kumite. (3x Jodan oi zuki attack with age uke defence followed by a chudan gyaku zuki and 3x Chudan oi zuki attack with a soto uke defence followed by a chudan gyaku zuki)

### GREEN TO RED BELTS

Kihon Ippon Kumite (Jodan, chudan and mae geri)

### JNR BROWN / JNR BLACK

Jiyu Ippon Kumite (Jodan, chudan, mae geri and mawashi geri).

### SENIOR BROWN BELT

Jiyu Ippon Kumite (Jodan, chudan, mae geri and mawashi geri).

### SHOBU IPPON KUMITE

Competitors Purple belt and higher, 12 years and older may compete in Shobu Ippon Kumite. Any colour "bubble" mitts may be worn. Mitts and mouth guards are compulsory. Shin, foot pads and chest protectors are optional.

## ATTIRE:

### COMPETITORS:

- White karate gi
- Correct belt
- Female competitors may wear a white shirt under the karate gi jacket.
- No jewellery or any metal objects are allowed.
- Any colour “bubble” mitts may be worn.
- Mitts and mouth guards are compulsory.
- Shin, foot pads and chest protectors are optional.

COACHES: Track Suits

TABLE OFFICIALS: Black pants and white shirt

JUDGES: Grey pants, white short sleeve shirt, own organisation blazer and tie, black soft sole shoes.  
Own whistle.

## GENERAL:

- Karate products will be available on the day.
- The purpose of this tournament is to give all Shotokan students a chance to compete in a friendly event.
- Medals for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place.
- “Champion of Champions” Floating Trophies for the Open division.





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**NOTE: R200 PER COMPETITOR FOR 2 DIVISIONS. R50 PER EXTRA DIVISION.**

<b>TOTAL ENTRIES:</b>		<b>AMOUNT PAYABLE:</b>	
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# INDIVIDUAL ENTRY FORM

NAME		SURNAME		AGE AS AT 03 MAY 14	MALE	FEMALE	BELT/GRADE
<b>CLUB:</b>		<b>MANAGER NAME &amp; CONTACT NUMBER</b>					
<b>SELECT ENTRY CATEGORY:</b>							
INDIVIDUAL KATA		TEAM KATA		BASIC KUMITE		SHOBU IPPON KUMITE	
<b>FEES: R200 PER COMPETITOR FOR 2 DIVISIONS. R50 PER EXTRA DIVISION (TOTAL FEES PAYABLE)</b>						R	